

# Employee Post-Travel Disclosure of Travel Expenses

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2018 JUN 27 PM 5:34

**Post-Travel Filing Instructions:** Complete this form within 30 days of returning from travel. Submit all forms to the **Office of Public Records in 232 Hart Building.**

In compliance with Rule 35.2(a) and (c), I make the following disclosures with respect to travel expenses that have been or will be reimbursed/paid for me. I also certify that I have attached:

- ☐ The **original** *Employee Pre-Travel Authorization* (Form RE-1), **AND**  
☐ A **copy** of the *Private Sponsor Travel Certification Form* with all attachments (itinerary, invitee list, etc.)

Private Sponsor(s) (list all): R Street Institute

Travel date(s): May 28 - June 2, 2018

Name of accompanying family member (if any): \_\_\_\_\_

Relationship to Traveler: ☐ Spouse ☐ Child

IF THE COST OF LODGING DID NOT INCREASE DUE TO THE ACCOMPANYING SPOUSE OR DEPENDENT CHILD, ONLY INCLUDE LODGING COSTS IN EMPLOYEE EXPENSES. (Attach additional pages if necessary.)

## Expenses for Employee:

	Transportation Expenses	Lodging Expenses	Meal Expenses	Other Expenses (Amount & Description)
<input type="checkbox"/> Good Faith Estimate	1,387.76	1,023.50	323.24	144.29 (Fee for use of hotel conference rooms)
<input checked="" type="checkbox"/> Actual Amount				

## Expenses for Accompanying Spouse or Dependent Child (if applicable):

	Transportation Expenses	Lodging Expenses	Meal Expenses	Other Expenses (Amount & Description)
<input type="checkbox"/> Good Faith Estimate	N/A	N/A	N/A	N/A
<input type="checkbox"/> Actual Amount				

Provide a description of all meetings and events attended. See Senate Rule 35.2(c)(6). (Attach additional pages if necessary.):

attached

6/27/18  
(Date)

Andrea Tristedt  
(Printed name of traveler)

[Signature]  
(Signature of traveler)

## TO BE COMPLETED BY SUPERVISING MEMBER/OFFICER:

I have made a determination that the expenses set out above in connections with travel described in the *Employee Pre-Travel Authorization* form, are necessary transportation, lodging, and related expenses as defined in Rule 35.

6/27/18  
(Date)

[Signature]  
(Signature of Supervising Senator/Officer)

9:57  
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**Tuesday, May 29**

1. Introductory meeting and presentations in hotel conference room  
*R Street's Dr. Carrie Wade gave introductory presentations on the nature of addiction and basic principles of harm reduction, and the group talked about housekeeping matters and the week's activities.*
2. Meeting with NHS England Addictions Clinical Academic Group, Lambeth Drug and Alcohol Treatment Consortium, Lorraine Hewitt House  
*The delegation met with several practitioners and clinical experts at a drug and alcohol treatment service in Brixton (Dr. Emily Finch, Clinical Director of Addictions Clinical Academic Group; Dr. Michael Kelleher, Addictions Specialist and Clinical Lead for Lambeth Addictions; and Dr. Luke Mitcheson, Head of Psychology for Addictions Clinical Academic Group.). The practitioners gave presentations on the nature of Britain's drug problem and the role of harm reduction in treatment. They also discussed the Lambeth injectable heroin clinical trial and best clinical practices in addiction. The delegation toured the onsite harm reduction clinic.*
3. Dinner at the Grenedier  
*The delegation ate dinner at a British pub and had time to network with one another and discuss the day's educational material.*

## Wednesday, May 30

1. Meetings with Harm Reduction International  
*The delegation heard from several experts at Harm Reduction International, the leading non-governmental organization working to promote harm reduction. Head of advocacy for HRI Fionnuala Murphy gave a presentation on the “10 by 20” campaign, an initiative to have governments redirect 10% of the resources currently spent on ineffective punitive responses to drugs and invest it in harm reduction by 2020. The delegation also discussed the promise and potential limitations of harm reduction in a global context.*
2. Meetings with DrugScience  
*The delegation met with David Nutt, founder of DrugScience and several of his colleagues. DrugScience is an independent, science-led nonprofit on drugs research, which brings together leading drugs experts to carry out original research into drug harms and effects. Discussions focused on scientific analysis surrounding relative risks of various drugs, appropriate regulation of drugs, drug testing and the need for more scientific research on drugs.*
3. Reception at the House of Lords



~

*The delegation attended a reception which featured informal presentations from Steve Rolles, Founder of Transform Drug Policy Foundation; Carrie Wade, R Street; and David Badcock, CEO DrugScience. Presenters discussed their organization's priorities and activities in the harm reduction space.*

#### **Thursday, May 31**

1. Meeting with Peter Hajek, Wolfson Institute of Preventive Medicine  
*Peter Hajek is Director of Tobacco Dependence Research Unit at the Wolfson Institute of Preventive Medicine. His presentation focused on the science surrounding the relative risk of various nicotine products.*
2. Meeting with Sarah Jakes and Gerry Stimson, New Nicotine Alliance UK  
*New Nicotine Alliance is a UK-based non-profit group that promotes and supports tobacco harm reduction. Presentations focused on the history of e-cigarettes and tobacco harm reduction as well as the consumer perspective for tobacco harm reduction and role of flavors.*
3. Meeting with Christopher Russell, Centre for Substance Use Research  
*CSUR is a research agency studying substance use and abuse using qualitative and quantitative methods. Dr. Russell discussed research on e-cigarette use patterns in both the UK and US.*

#### **Friday, June 1**

1. Meetings with City of London officials at Guildhall  
*The delegation met with several civil servants who focused primarily on the criminal justice angle of harm reduction. They heard from Commander Simon Bray who handles drug issues for the Metropolitan Police Service; Adam Winstock, who runs the Global Drug Survey and provides drug treatment to prison populations), and David Mackintosh, the Director and Policy Adviser for the London Drug and Alcohol Policy Forum. The meetings were followed by a reception in Guildhall.*

## EMPLOYEE PRE-TRAVEL AUTHORIZATION

Date/Time Stamp:

ETHIC APR25\*18PM 3:35

**Pre-Travel Filing Instructions:** Complete and submit this form at least 30 days prior to the travel departure date to the **Select Committee on Ethics in SH-220**. Incomplete and late travel submissions will not be considered or approved. This form must be typed and is available as a fillable PDF on the Committee's website at [ethics.senate.gov](http://ethics.senate.gov). Retain a copy of your entire pre-travel submission for your required post-travel disclosure.

Name of Traveler: Andi Lipstein Fristedt

Employing Office/Committee: HELP Committee

Private Sponsor(s) (list all): R Street Institute

Travel date(s): May 28-June 2, 2018

*Note: If you plan to extend the trip for any reason you must notify the Committee.*

Destination(s): London, UK

Explain how this trip is specifically connected to the traveler's official or representational duties:

I manage the public health portfolio for the Senate HELP Committee, which includes policy work related to tobacco regulation, substance abuse prevention, and associated harm reduction policies. This trip will provide an opportunity to delve into these issues and related policy and regulatory questions.

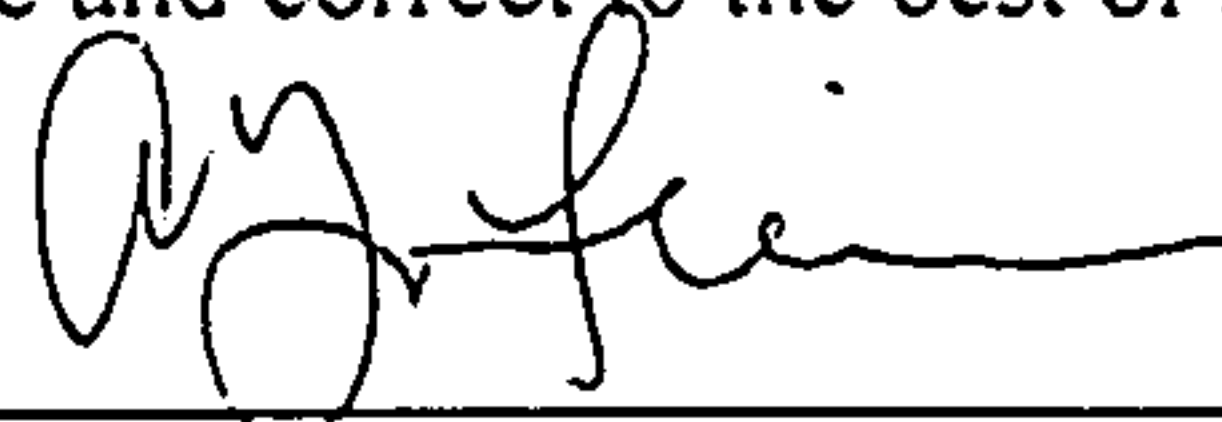
Name of accompanying family member (if any): \_\_\_\_\_

Relationship to Employee: ☐ Spouse ☐ Child

I certify that the information contained in this form is true, complete and correct to the best of my knowledge:

4/25/18

(Date)



(Signature of Employee)

TO BE COMPLETED BY SUPERVISING SENATOR/OFFICER (President of the Senate, Secretary of the Senate, Sergeant at Arms, Secretary for the Majority, Secretary for the Minority, and Chaplain):

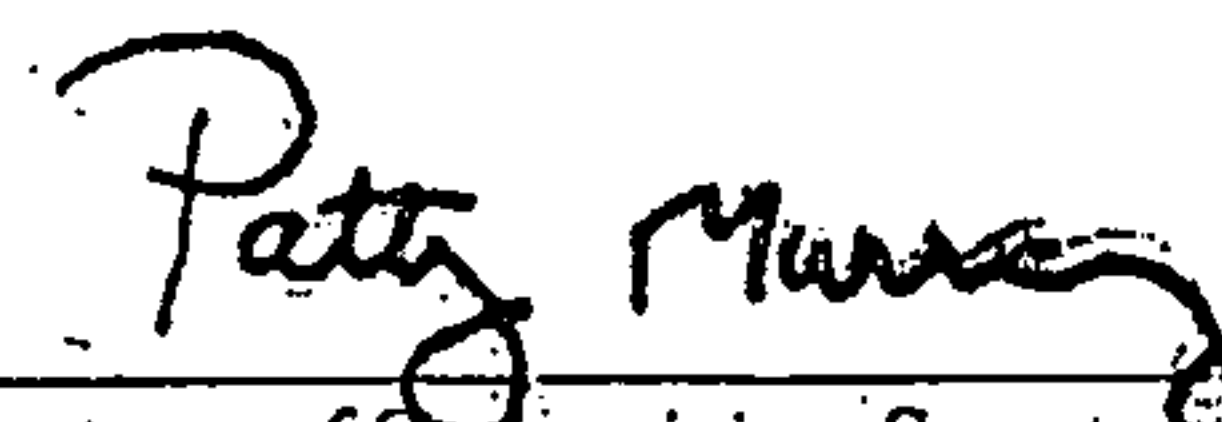
I, Senator Patty Murray hereby authorize Andi Lipstein Fristedt  
(Print Senator's/Officer's Name) (Print Traveler's Name)

an employee under my direct supervision, to accept payment or reimbursement for necessary transportation, lodging, and related expenses for travel to the event described above. I have determined that this travel is in connection with his or her duties as a Senate employee or an officeholder, and will not create the appearance that he or she is using public office for private gain.

I have also determined that the attendance of the employee's spouse or child is appropriate to assist in the representation of the Senate. (signify "yes" by checking box) ☐

4/25/18

(Date)



(Signature of Supervising Senator/Officer)



## PRIVATE SPONSOR TRAVEL CERTIFICATION FORM

This form must be completed by any private entity offering to provide travel or reimbursement for travel to Senate Members, officers, or employees (Senate Rule 35, clause 2). Each sponsor of a fact-finding trip must sign the completed form. The trip sponsor(s) must provide a copy of the completed form to each invited Senate traveler, who will then forward it to the Ethics Committee with any other required materials. The trip sponsor(s) should **NOT** submit the form directly to the Ethics Committee. Please consult the accompanying instructions for more detailed definitions and other key information.

The Senate Member, officer, or employee **MUST** also provide a copy of this form, along with the appropriate travel authorization and reimbursement form, to the Office of Public Records (OPR), Room 232 of the Hart Building, within thirty (30) days after the travel is completed.

1. Sponsor(s) of the trip (please list all sponsors): R Street Institute
2. Description of the trip: Educational visit for congressional staffers to learn about harm reduction
3. Dates of travel: Monday, May 28- Saturday, June 2, 2018
4. Place of travel: London, United Kingdom
5. Name and title of Senate invitees: See attached page
6. I *certify* that the trip fits one of the following categories:
  - ☒ (A) The sponsor(s) are not registered lobbyists or agents of a foreign principal **and** do not retain or employ registered lobbyists or agents of a foreign principal **and** no lobbyist or agents of a foreign principal will accompany the Member, officer, or employee *at any point* throughout the trip.
  - OR -
  - ☐ (B) The sponsor or sponsors are not registered lobbyists or agents of a foreign principal, but retain or employ one or more registered lobbyists or agents of a foreign principal and the trip meets the requirements of Senate Rule 35.2(a)(2)(A)(i) or (ii) (*see question 9*).
7. ☒ I *certify* that the trip will not be financed in any part by a registered lobbyist or agent of a foreign principal.
  - AND -
  - ☒ I *certify* that the sponsor or sponsors will not accept funds or in-kind contributions earmarked directly or indirectly for the purpose of financing this specific trip from a registered lobbyist or agent of a foreign principal or from a private entity that retains or employs one or more registered lobbyists or agents of a foreign principal.
8. I *certify* that:
  - ☒ The trip will not in any part be planned, organized, requested, or arranged by a registered lobbyist or agent of a foreign principal except for *de minimis* lobbyist involvement.
  - AND -
  - ☒ The traveler will not be accompanied on the trip by a registered lobbyist or agent of a foreign principal except as provided for by Committee regulations relating to lobbyist accompaniment (*see question 9*).

9. **USE ONLY IF YOU CHECKED QUESTION 6(B)**

I *certify* that if the sponsor or sponsors retain or employ one or more registered lobbyists or agents of a foreign principal, one of the following scenarios applies:

☐ (A) The trip is for attendance or participation in a one-day event (exclusive of travel time and one overnight stay) and no registered lobbyists or agents of a foreign principal will accompany the Member, officer, or employee *on any segment* of the trip.

- OR -

☐ (B) The trip is for attendance or participation in a one-day event (exclusive of travel time and two overnight stays) and no registered lobbyists or agents of a foreign principal will accompany the Member, officer, or employee *on any segment* of the trip (see questions 6 and 10).

- OR -

☐ (C) The trip is being sponsored only by an organization or organizations designated under § 501(c)(3) of the Internal Revenue Code of 1986 and no registered lobbyists or agents of a foreign principal will accompany the Member, officer, or employee *at any point* throughout the trip.

10. **USE ONLY IF YOU CHECKED QUESTION 9(B)**

If the trip includes two overnight stays, please explain why the second night is practically required for Senate invitees to participate in the travel:

N/A

11. ☒ An itinerary for the trip is attached to this form. I *certify* that the attached itinerary is a detailed (hour-by-hour), complete, and final itinerary for the trip.

12. Briefly describe the role of each sponsor in organizing and conducting the trip:

The R Street Institute is the sole sponsor organizing and conducting all aspects of this trip.

13. Briefly describe the stated mission of each sponsor and how the purpose of the trip relates to that mission:

R Street is a nonprofit public policy research organization that supports integrated harm reduction with opioid, tobacco and drug use as central elements. This trip will educate policymakers' staff on harm reduction concepts and allow them to evaluate successes and potentials in harm reduction.

14. Briefly describe each sponsor's prior history of sponsoring congressional trips:

This will be the first congressional trip we have sponsored.



15. Briefly describe the educational activities performed by each sponsor (other than sponsoring congressional trips):

As a public policy research organization, education is central to R Street's mission. We publish a variety of policy studies and articles and frequently host educational briefings and meeting with staffers on Capitol Hill.

16. Total Expenses for Each Participant:

	Transportation Expenses	Lodging Expenses	Meal Expenses	Other Expenses
<input checked="" type="checkbox"/> Good Faith estimate	\$751.80- Flight \$100- Underground Fare	\$1,023.50	\$600	\$144.29- Fee for use of hotel conference room facilities
<input type="checkbox"/> Actual Amounts	\$150- Private transportation to and from airport			

17. State whether a) the trip involves an event that is arranged or organized *without regard* to congressional participation or b) the trip involves an event that is arranged or organized *specifically with regard* to congressional participation:

This event is organized specifically with regard to congressional participation.

18. Reason for selecting the location of the event or trip

The UK is a global leader in integrating harm reduction in its public health programs. Senate staff will meet with British public health providers, clinical experts and civil servants to learn from their approach.

19. Name and location of hotel or other lodging facility:

Radisson Blu Edwardian Grafton: 130 Tottenham Court Rd, Fitzrovia, London W1T 5AY, UK

20. Reason(s) for selecting hotel or other lodging facility:

We were able to get an affordable rate through a group discount as well as access to conference rooms for meetings. We also selected this hotel due to its proximity to central London and a tube station.

21. Describe how the daily expenses for lodging, meals, and other expenses provided to trip participants compares to the maximum per diem rates for official Federal Government travel:

Daily expenses for lodging, meals and other expenses will be less than the maximum per diem rate for official Federal Government travel.

22. Describe the type and class of transportation being provided. Indicate whether coach, business-class or first class transportation will be provided. If first-class fare is being provided, please explain why first-class travel is necessary:

**We will be flying coach class.**

23. ☒ I represent that the travel expenses that will be paid for or reimbursed to Senate invitees do not include expenditures for recreational activities, alcohol, or entertainment (other than entertainment provided to all attendees as an integral part of the event, as permissible under Senate Rule 35).

24. List any entertainment that will be provided to, paid for, or reimbursed to Senate invitees and explain why the entertainment is an integral part of the event:

**No entertainment will be provided.**

25. I hereby *certify* that the information contained herein is true, complete and correct. (For trips involving more than one sponsor, you *must* include a completed signature page for each additional sponsor):

**Signature of Travel Sponsor:**

Am. Wood

**Name and Title:** Caroline Kitchens, Federal Affairs Manager

**Name of Organization:** R Street Institute

**Address:** 1212 New York Ave NW, Suite 900, Washington DC, 20005

Telephone Number: (202) 862-5820

**Fax Number:**

E-mail Address: [ckitchens@rstreet.org](mailto:ckitchens@rstreet.org)





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Suite 900  
Washington, DC 20005  
202.525.5717

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**R Street Congressional Delegation on Harm Reduction**  
London, United Kingdom  
May 28-June 2, 2018

**Senate Invitees**

1. Andi Fristedt, Deputy Director, Health Policy for Senate Health, Education, Labor and Pensions Committee (Minority staff)
2. Margaret Coulter, Health Policy Adviser for Senate Health, Education, Labor and Pensions Committee (Majority staff)
3. Kristen Molloy, Legislative Assistant for Sen. Tim Kaine
4. Jaymi Light, Legislative Assistant for Sen. Todd Young
5. Ansley Rhyne, Legislative Assistant for Sen. Marco Rubio
6. Alison Toal, Legislative Assistant for Sen. Cory Gardner
7. Rita Habib, Legislative Assistant for Sen. Michael Bennet
8. Megan DesCamps, Health Policy Adviser for Sen. Heidi Heitkamp

**Itinerary**

**Monday, May 28**

- 4:20pm Arrive at Dulles Airport
- 6:20pm Depart Washington DC (Flight # DL4383)

**Tuesday, May 29**

- 6:45am Arrive in London; Go through customs
- 8:15am Ground transportation to the hotel  
Hotel: Radisson Blu Edwardian Grafton  
130 Tottenham Court Rd, Fitzrovia, London W1T 5AY, UK  
*A bus driver will meet the delegation by the baggage claim and transport the group by bus to the hotel.*
- 9:30am Arrive at hotel; time for delegates to check into hotel rooms, eat breakfast and prepare for the day  
*Note: Hotel rooms have been reserved for Monday night, since the flight arrives early Tuesday morning. The hotel could not guarantee early check-in, and this*

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*way we can ensure that the delegates some time to check in and prepare for the day's activities.*

- |                 |   |
|-----------------|---|
| 11:00am-12:30pm | Introductory Presentations<br>Hotel conference room<br>The delegation will meet with the program materials and talk through the week's activities.  |
| 12:30pm         | Lunch break<br><i>The delegates can use this time to grab lunch on their own.</i><br>Suggestions: Rio Cafe 66 Grafton Way, Warren's Sandwich Bar 13 Warren St, Eat 350 Euston Rd.   |
| 1:30pm          | London Underground transit<br>Euston to Brixton station   |
| 2:00pm-5:00pm   | Meet with NHS England Addictions Clinical Academic Group<br>Lambeth Drug and Alcohol Treatment Consortium, Lorraine Hewitt House, 12/14 Brighton Terrace, Brixton, SW9 8DG<br><i>The delegation will meet with several practitioners and clinical experts with NHS England's Addictions Clinical Academic Group. Discussions will be centered on patient experiences with harm reduction clinics, the Lambeth injectable heroin clinical trial, best clinical practices on addictions and substance use, mental health priorities.</i><br>2-4:00pm- <i>Presentations and discussion</i><br><ol style="list-style-type: none"><li>1. Dr. Emily Finch, Clinical Director - Addictions Clinical Academic Group</li><li>2. Dr. Michael J Kelleher, Consultant Addictions Specialist and Clinical Lead for Lambeth Addictions</li><li>3. Dr. Luke Mitcheson, Head of Psychology, Addictions Clinical Academic Group and Clinical Lead</li></ol><br>4-5:00pm- <i>Tour of onsite harm reduction clinic</i> |
| 5:00pm          | London Underground transit  |
| 6:00pm-8:00pm   | Dinner at the Grenadier<br>18 Wilton Row, Belgravia, London SW1X 7NR, UK<br><i>Casual buffet-style dinner at a British pub.</i><br><i>"Harm reduction 101:" Dr. Carrie Wade, R Street's Director of Harm Reduction Policy and a former drug-abuse researcher whose scientific background specializes in the biological mechanisms of opioid addiction, will give a</i>  |

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*presentation on the underlying principles of harm reduction and its basic applications. The delegation will discuss the promise and limitations of harm reduction as a public health philosophy.*

### Wednesday, May 30

- 9:00am-10:15am      Lecture on addiction by Carrie Wade  
Hotel Conference Room  
*Dr. Carrie Wade will present her lecture "Neuroscience of Addiction: Is it a Choice?" Dr. Wade will cover:*
- 1. What is addiction, 2) what are the disruptions in addiction, 3) how does a neurobiological framework benefit diagnosis, treatment and recovery?*
- 10:15am              London Underground Transit to Harm Reduction International  
Warren Street Station to Elephant and Castle, transfer Oxford Circus
- 11:00am-1:00pm      Lunch meeting with Harm Reduction International  
Unit 2C09 Southbank Technopark, 90 London Road, London SE1 LN  
*Lunch presentation and discussion with Fionnuala Murphy, head of advocacy for Harm Reduction International, the leading non-government organization working to promote and expand support for harm reduction. Murphy's presentation will focus on the "10 by 20" campaign, Harm Reduction International initiative to have governments redirect 10% of the resources currently spent on ineffective punitive responses to drugs and invest it in harm reduction by 2020.*
- 1:00pm-2:00pm      London Underground Transit to Hotel  
Elephant and Castle to Warren Street Station, transfer Oxford Circus
- 2:00pm-5:30pm      Meet with DrugScience  
Hotel Conference Room: Radisson Blu Edwardian Grafton  
*DrugScience is an independent, science-led nonprofit on drugs research, which brings together leading drugs experts to carry out original research into drug harms and effects.*
- 5:30pm-6:00pm      London Underground Transit to House of Lords  
Warren Street Station to Westminster, transfer Green Park
- 6:00pm-8:00pm      Reception  
House of Lords

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*The reception will feature informal presentations from Steve Rolles, Founder of Transform Drug Policy Foundation; Carrie Wade, R Street; and David Badcock, CEO DrugScience. Presenters will discuss their organization's priorities and activities in the harm reduction space.*

### Thursday, May 31

- 10:00am-12:00pm Meet with Peter Hajek, Wolfson Institute of Preventive Medicine  
Hotel Conference Room  
*Professor Peter Hajek is Director of Tobacco Dependence Research Unit at the Wolfson Institute of Preventive Medicine. Dr. Hajek will discuss his scientific research on tobacco harm reduction, including the "Maudsley Model", the withdrawal-oriented treatment for smokers that he developed which is now used across the UK Specialist Stop-Smoking Service and abroad.*
- 12:00pm-1:00pm Catered Lunch and Discussion Time
- 1:00pm-3:00pm Meet with Sarah Jakes and Gerry Stimson, New Nicotine Alliance UK  
Hotel Conference Room  
*New Nicotine Alliance is a UK-based non-profit group that promotes and supports tobacco harm reduction.  
Gerry Stimson will discuss a legal and ethical framework for tobacco harm reduction. Sarah Jakes will present on consumer advocacy for tobacco harm reduction.*
- 3:00pm-5:00pm Meet with Christopher Russell, Centre for Substance Use Research  
Hotel Conference Room  
*CSUR is a research agency studying substance use and abuse using qualitative and quantitative methods. Dr. Russell will discuss research on e-cigarette use patterns in both the UK and US.*
- 5:00pm **R Street Institute:** Dinner with Christopher Russell; bookkeeping and preparation time for lecture  
**Delegates:** networking time, dinner, personal time

### Friday, June 1

- 10:00am-4:00pm Meetings at Guildhall Conference Room, City of London



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## **Fristedt, Andi (HELP Committee)**

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**From:** Caroline Kitchens <ckitchens@rstreet.org>  
**Sent:** Friday, March 23, 2018 9:13 AM  
**To:** Fristedt, Andi (HELP Committee)  
**Cc:** Carrie Wade  
**Subject:** Invitation: R Street Harm Reduction Staffdel in London  
**Attachments:** UK staffdel memo.pdf

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Dear Andi,

I'm a federal affairs manager at the R Street Institute, a DC-based think tank. We are planning an educational visit for a select group of bipartisan Congressional staffers to go the United Kingdom to learn about harm reduction strategies in public health, and we would like to cordially invite you to be part of our delegation.

The trip will take place in London from Monday, May 28 through Saturday, June 2, 2018. The goal is to educate U.S. policymakers on harm-reduction philosophy and programs as a strategy to reduce the negative consequences associated with risk behaviors and addiction, with a special emphasis on opioids and tobacco use. As such, we will be meeting with British public health providers, clinical experts and civil servants to discuss the UK's unique regulatory approach. We will also be hosting a reception at the Houses of Parliament.

This trip is in accordance with Congressional ethics rules and will not be financed in any part by registered federal lobbyists or foreign agents. The memo attached includes more detailed information about the goals of the trip.

Please let us know if you may be interested, and we will send you the forms to get you started on next steps with Ethics. We would also be happy to come by your office to discuss the trip in person if it would be helpful. If you have questions, do not hesitate to reach out via email or by phone at 919-830-3140.

We hope you will be able to join us and look forward to hearing from you soon.

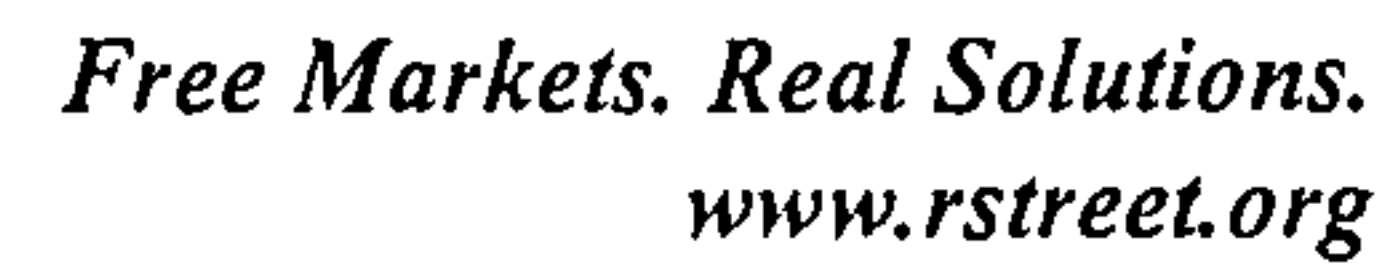
Best regards,  
Caroline





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Funding for this trip will be in accordance with House Ethics Rules, which provide that costs must be paid out of general funds and that no resources are either formally or informally earmarked by donors. The R Street Institute's general, unrestricted operating funds are provided as a percentage of all donations. We are not coordinating with our donors, including those who may be interested in harm reduction, on this project.



Carrie's scientific background in the biological mechanisms of opioid addiction led to her interest in how public-health initiatives can prevent the incidence of addiction and reduce the negative societal and personal consequences that result from drug addiction. Her internship with the Baltimore Student Harm



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